

## **PROGRAM OVERVIEW – ULTIMATE ZONE AT WOODRUFF**

**The Program** for Ultimate Zone program is for experienced Scouts who desire additional outdoor challenges, both physically and mentally. The trek is designed to provide senior Scouts (14 or older) a challenging, action-packed experience that will further enhance personal growth and develop leadership skills. Participants will leave Woodruff on Monday morning after breakfast and return Friday afternoon.

**The Activities & Schedule** - Activities for this week-long adventure may include: rafting both the Nantahala and Ocoee rivers, backpacking, horseback riding, climbing, rappelling, ropes work, canoeing, and mountain biking. Note: The Ultimate Zone schedule could be subject to change based on many variables. This could be the weather, individual participant ability, trek specific situations, along with policies of the US Forestry Service & the National Parks Service. We can only assure you will complete a fantastic and challenging experience.

**Adults** – Adults are encouraged to participate in the Ultimate Zone. The Ultimate Zone will provide an excellent opportunity for unit leaders to observe youth, learn the importance of the patrol method and have fun. Note – this program is designed for scout age youth, and may include time for field sports and other games. Be prepared for some ‘down time.’

**Physicals/Equipment/Fees** - A current Class III physical is required for all participants. No additional fees above or beyond the camp fee apply for youth participants. There is an adult participation fee. Refer to fee section for details. All participants must pay close attention to the provided packing list and pass the swimmers test at Woodruff Scout Reservation during the current season. The swim test must be completed before the waterfront closes on Sunday before the Monday morning departure.

**Ultimate Zone - Potential Advancement Opportunity** The Ultimate Zone schedule and the advancement requirements that may be completed are subject to change based on each weeks schedule, the weather, Merit Badge requirement updates, individual ability and trek specific situations. We can only assure you will complete a fantastic and challenging experience.

**Advancement** – While this is not an advancement oriented program, it is possible for Ultimate Zone Participants to complete some requirements in Backpacking MB, Climbing MB, Hiking MB, and Horsemanship MB. No formal advancement reports will be provided for ultimate zone. Scouts wishing to claim merit badge credit for Ultimate Zone activities should work with their Woodruff UZ staff advisor and adult leader(s) to make sure the proper credit is noted.

**Note** - The Ultimate Zone Program is made available through an independent outfitter and is not conducted by the Boy Scouts of America. A Woodruff Staff member accompanies the trek participants during the entire trek.

**Note:** White Water Express Wavier Forms must be completed and brought with you when you arrive at this activity.

**Note:** *Forms are available for viewing/download in the info tab of the camp website ([www.atlantabsacamp.org](http://www.atlantabsacamp.org)) after March 1<sup>st</sup>. Additional copies are available at camp.*

## Ultimate Zone Schedule (Preliminary)

### Sunday

Check in at Woodruff  
Dinner  
Ultimate Zone shakedown

### Monday

Breakfast  
Depart for WWE  
Horseback  
Mountain Biking  
Climb / Rappel

### Tuesday

Backpacking

### Wednesday

Backpacking  
Ropes Course

### Thursday

Nantahala River

### Friday

Raft the Ocoee River  
Back to Woodruff

## Equipment List Ultimate Zone Scouts

### For Backpacking:

Backpack  
Tent - lightweight  
Sleeping bag  
Sleeping pad (if desired)  
Hiking boots  
Hiking socks (2-3 pairs)  
Camp shoes  
Personal toiletries  
Changes of clothes  
Pack towel  
Rain gear  
Toilet paper  
Matches  
Flashlight  
Plate  
Cup, Spoon, Fork  
Personal 1<sup>st</sup> Aid Kit  
Trail mix (NOT candy)  
Note: Cook stove & cooking equip. will be provided.

### For Base Camp:

Note: Bring the base camp items packed separately in small duffel.  
Soap, Toothpaste, Toothbrush  
Three (3) changes of clothes  
Towel  
Long pants – for climbing  
Bathing suit / Rafting clothes  
Tennis shoes / river shoes

### Do NOT bring:

Large knives, hatchets, or axes  
Radios or other electronics